

Beehive Prayer

It's a simple, not very time-consuming way to develop a daily prayer discipline.

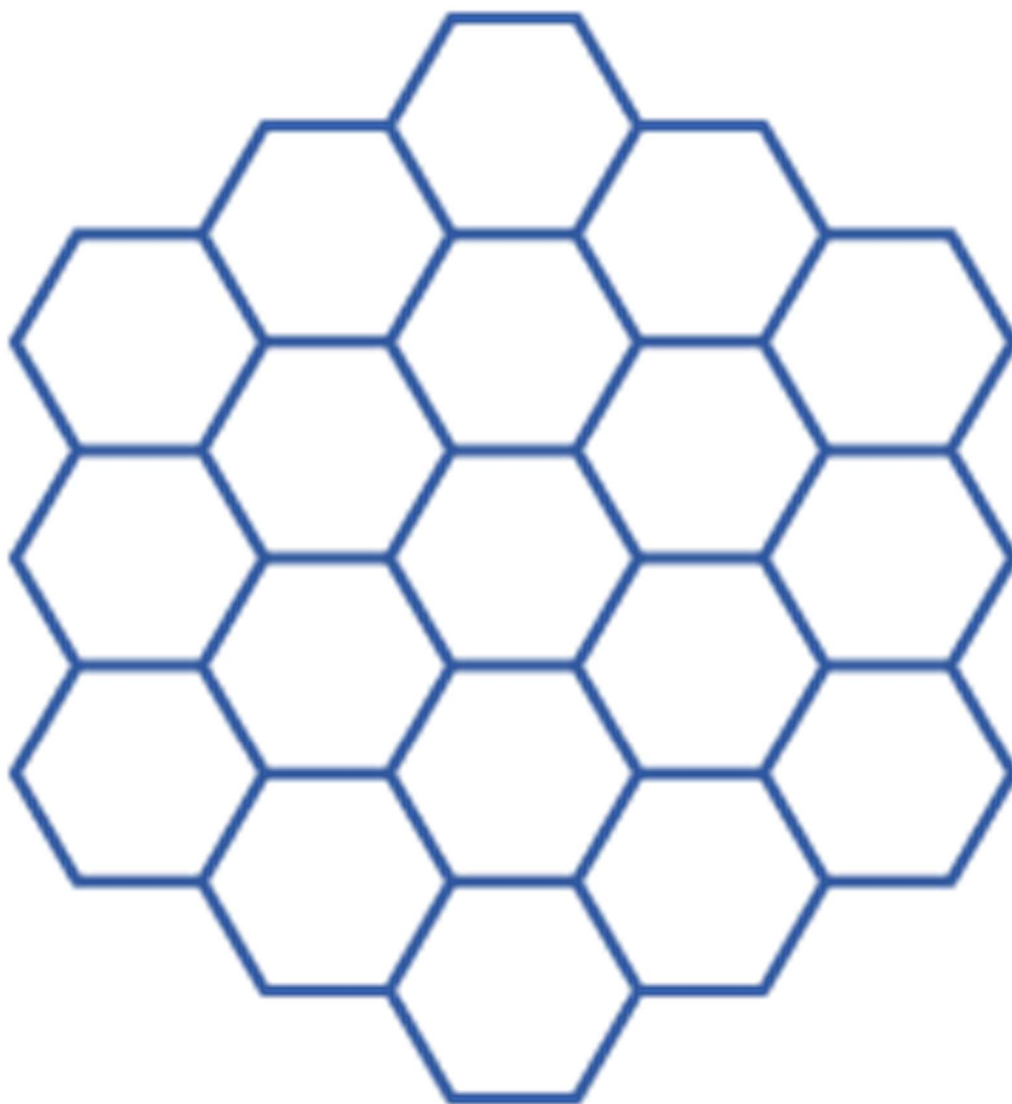
***Here are some reasons to Pray in Color®:**

- 1) You want to pray but words escape you.
- 2) You have trouble sitting still and staying focused.
- 3) Your body wants to be part of your prayer.
- 4) You want to just spend time with God but don't know how.
- 5) You want to be a listener in prayer but your mind wanders and your body complains. . .
- 6) You want a visual, concrete way to pray.

(adapted from an activity at www.prayingincolor.com)

Here are some ideas for ways to use the Beehive:

- Pray for a person each day.
- Pray or meditate on a word of Scripture or a spiritual/religious word: peace, joy, Jesus, beloved...
- A gratitude calendar – in each hexagon, write or draw something / someone you are thankful for



Praying in Color®: Drawing a New Path to God by Sybil MacBeth, Paraclete Press 2007

Praying in Color® Kids' Edition by Sybil MacBeth, Paraclete Press, 2009 www.prayingincolor.com